

Dear Colleagues

We are looking forward to an excellent Congress starting tomorrow. The calibre of speakers lined up for the presentations is superb and we are excited to have such individuals play a role in demonstrating the way in which the homoeopathic profession in SA can truly realise its potential of being, "The Wellness Profession" as well as engaging the profession in much needed debate.

Attached is the final programme for the event as well as two more speaker teasers. Please take note of the changes to the Final Programme and times of talks - the utmost consideration has been applied to every talk in order to get the most out of it. We hope you will be able to join us for every presentation.

For those attending, please take note of the following notices relevant to the Congress:

- Shuttle times are indicated as below, please contact Ilze Rabie (pa@oz.co.za or 0114655342) in order to arrange a place on the shuttle if you have not yet done so. To confirm your place on the shuttle (if you have not yet received confirmation), please email Ilze for such.
  - Friday 5th March 2010
    - Shuttle 1 : Depart OR Tambo International Airport at 10h30 strictly and arriving Indaba Hotel at approx 11h30
    - Shuttle 2 : Depart OR Tambo International Airport at 13h30 strictly and arriving Indaba Hotel at approx 14h30
  - Saturday 6th March 2010
    - Shuttle 1 : Depart Indaba Hotel at 15h00 strictly and arrive at OR Tambo at approx 16h15
    - Shuttle 2 : Depart Indaba Hotel at 17h00 strictly and arrive OR Tambo International Airport at approx 18h15
- The Congress will open for registration at 11h00 on Friday, 5 March 2010. Lunch will be served from 12h00-13h00 - all delegates are welcome to join us for lunch in the Chief's Boma - you can ask for directions at the registration table. Once registered you are welcome to move through to the Chief's Boma and sit and relax until lunch opens at 12h00.
- Congress lectures will open at 13h00, beginning promptly at 13h05 - please ensure you are seated in the main lecture venue by 13h00.
- Included in the rates for all delegates includes: lunch on Friday and Saturday, Cocktail dinner on Friday night and all teas served during the indicated breaks. Any additional eats / drinks ordered by delegates will be requested to be at your own cost. Please note that a cash bar will be available at the Cocktail evening - the HSA will provide an allocated amount of wine, champagne and fruit juice.
- The Cocktail dinner will proceed until 00h00, should you wish to continue socialising the HSA kindly requests that you continue to do so at the Ladies' bar inside the Hotel.
- Dress code:
  - Lectures: Smart Casual
  - Cocktail Dinner: Cocktail Dress, Smart
- Breakfast on Saturday will be served for those delegates who have arranged accommodation, all other delegates may then join us for the start of lectures at 09h00 on Saturday morning.
- The HSA has arranged for a number of rooms to be made available for day delegates to freshen up and change after lectures on Friday and change for the Cocktail Dinner. These rooms will only be available on a first-come first-serve basis and will be available in dedicated timeslots. Please could you indicate whether you would like a room at the time of registration - these bookings will be available for the day on Friday until 15h00. Should you wish to have the room for a longer period of time than indicated on the booking sheet, a nominal fee will be levied.
- A map / directions as provided by Indaba Hotel is provided on the HSA website - follow the link on the front page to download.
- If you have not yet received confirmation of your attendance at the Congress, please email Ilze Rabie (pa@oz.co.za) for such
- The Congress is planned to close at 17h05 on Saturday
- A special thanks to Headline Sponsors Heel, Solgar and Tibb for making all this possible as well as all other exhibitors/sponsors.

Should you still wish to attend the Congress, please complete your registration form as soon as possible and forward proof of payment through to the HSA as soon as possible. Kindly return these to the HSA by 14h00 today.

Thank you to all attending delegates - we look forward to seeing you tomorrow. For those travelling to Gauteng, please do so safely and we welcome you to our province.

Regards

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**Dr Neil Gower**

**HSA National Secretary**

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